

BREAKFAST MENU

Monday - Friday 7am-9.30am

Saturday, Sunday & Bank Holidays 8am-10am

Help yourself to the following items from our buffet:

- * Selection of Cereals (V)
- * Granola (V)
- * Selection of Dried Fruits & Seeds (V/GF)
- * Fresh Fruit (V/GF)
- * Sliced Melon (V/GF)
- * Danish Pastry (V/traces of nuts)
- * Croissants (V/traces of nuts)
- * Bread Basket (V)
- * Mini Chocolate & Blueberry Muffins (V/traces of nuts)
- * Natural Yoghurts (V/GF/Traces of nuts)
- * Cheese Portions (V/GF)
- * Sliced Ham (G/F)
- * Fruits of the Forest Compote (V/GF)
- * Mini Portions of Marmite, Nutella, Jams & Honey

Continental Breakfast - £6.50

Full Breakfast - £10.00

- * Iced Water
- * Orange Juice (V/GF)
- * Apple Juice (V/GF)
- * Cranberry (V/GF)
- * Milk (V/GF)

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present, our menu descriptions do not include all ingredients, if you have a food allergy or intolerance please let us know before ordering.

Order one of the following options from your server:

Hot Beverages:

- * Tea, Earl Gray, Green Tea, Assortment of Fruit Flavoured Teas, Decaf Tea, Coffee & Decaf Coffee

Grills:

- * **Full English** – Hash Brown, Cumberland Sausage, 2 Rashers of bacon, Black Pudding, Grilled Tomato, Sautéed Mushrooms, Baked Beans & your choice of Fried, Scrambled or Poached Egg
- * **Vegetarian Full English** – Hash Browns, 2 Linda McCartney Sausages, Grilled Tomato & Sautéed Mushrooms, Baked Beans & your choice of Fried, Scrambled or Poached Egg
- * **Gluten Free Full English** – Pork Sausage, Bacon, Hash Brown, Sautéed Mushrooms, Grilled Tomatoes, Baked Beans & your choice of Fried, Scrambled or Poached Egg
- * **Vegan Full English** – 2 Linda McCartney Sausages, sautéed Potatoes, Cherry Tomatoes, Mushrooms & Baked Beans

lighter Options:

- * **Eggs Benedict** – Toasted English Muffin topped with Sliced Ham, Poached Egg & Hollandaise Sauce
- * **Smoked Salmon** – With Creamy Scrambled Egg on Toasted Extra Thick Granary Farmhouse
- * **Sliced Avocado** – With Poached Egg & Sautéed Cherry Tomatoes on Toasted Extra Thick Granary Farmhouse
- * **3 American Pancakes** – Topped with Blueberries & Maple Syrup
- * **Porridge (V)**

**Extra Thick Granary Farmhouse Sliced Toast (v) Extra Thick Farmhouse
Gluten free White / Brown Toast available on request**